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GUIDE

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OF SCALY
WONDERS
AT REPTILE EXPO**

**LOCAL ICE
HOCKEY TEAM
WINS BRONZE
IN ITALY**

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A Note from the Editor

As we head into March, we also head into Autumn and some slightly cooler nights. I hope you've all survived the rain from last month!

I'm very excited to share with you the Brisbane Reptile Expo which is in our own backyard this year. I had the pleasure of interviewing Elizabeth Randall who is the force behind the Expo. You can listen to our interview on this month's podcast. Just scan the QR code below. You can also read more and get all the details on the expo on page 8.

March is a huge month as we celebrate Easter at the end of the month, International Women's Day on the 8th of March and St Patty's day on the 17th! There are suggestions to help you celebrate inside this month's edition.

We also have some great stories inside. Meet the local ice hockey team who scored bronze in Italy, Burnie Brae celebrates 40 years supporting the community and the Aspley Hornets celebrate an amazing 60 years!

So until next month, happy reading - and listening.

Jodie

Scan to hear our latest podcast!



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COUNTRY MUSIC COUPLE LIGHTS UP LOCAL STAGE



STORY **ALYSSA MACKAY**

Catch Australia's hottest country duo, Adam Eckersley and Brooke McClymont, as they take to the stage for their *Up, Down and Sideways* tour.

The married couple, known for their award-winning country music, are set to deliver an unforgettable concert experience at Kedron-Wavell in June.

Brooke said they'd played Brisbane before but with only the acoustic set.

"This time we're bringing a full band and they are killer players, so it's a show not to be missed," she said.

"We are genuinely excited about this show as we have new songs from our upcoming *Up, Down, and Sideways* album to play and we have put together a whole new show, and all of our musical catalogue from the past."

Brooke is no stranger to country music fans, performing with her sisters as the top-selling country music trio, The McClymonts. Adam has also had his fair share of success as a solo artist, winning five Golden Guitar Awards and being recognised for his songwriting, including the APRA Award for Country Work of the Year in 2015.

The pair's most recent album, *Up, Down and Sideways* debuted at number one on the Australian ARIA all-genre Album Chart. It features hit songs like *Star of the Show*, which won Song of the Year at the 2023 Toyota

Golden Guitar Awards, and *Memory Lane*, which was acknowledged as Apple Music Single of the Year.

Brooke said they loved playing all of their songs.

"We don't have a particular favourite but we do love it when we hear the audience sing back to us," she said.

During the COVID lockdowns, Brooke and Adam launched a new venture called Hang at the Wang, where guests camp on their property, enjoy an intimate musical performance, and 'hang out' for 24 hours.

The *Up, Down and Sideways* tour will conclude at Kedron-Wavell, promising to be a special event.

"Being the last show of the tour, we do know that the show is going to be very tight and it will be a party...most definitely!" Brooke said.

"After Kedron-Wavell, we go straight into our Hang at the Wangs for the winter season and then finish the year off with a bunch of festivals, so 2024 is looking to be a massive, but fun, year for us."

Tickets start at \$52.55. To book go to kedron-wavell.com.au/whats-on-in-brisbane/

Brooke McClymont and Adam Eckersley
Saturday, 1 June, 7.30pm (doors open 7pm)
Kedron-Wavell (Blue Pacific Showroom)
21 Kittyhawk Drive, Chermside.



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Elizabeth Randall, expo organiser and founder of Shikito's Critters

EXPLORE A WORLD OF SCALY WONDERS AT REPTILE EXPO

STORY **ALYSSA MACKAY**

PHOTO **JOHN PIRES PHOTOGRAPHY**

Get up close and personal with snakes, lizards and more incredible creatures at the Brisbane Reptile Expo.

The event, hosted by Shikito's Critters and the Brisbane Reptile Society, will take place this month at the Northside Indoor Sports Centre in Zillmere.

Owner of Shikito's Critters, Elizabeth Randall, founded the expo after complaining to her grandfather about the lack of reptile expos.

"I'd never been to a reptile expo before and I really wanted to go to one without going interstate," Elizabeth said. "So I organised the Brisbane Reptile Expo in 2023. I had a lot of support from fellow reptile keepers and it was a blast."

She said this year's expo was in a bigger venue with more breeders and a lot more reptiles.

"Last year was just over 1000 square metres, this year it's over 4000 square metres," she said.

"This year we have also made a special needs early entry time. With a maximum of 200 people for the first hour, this allows people who struggle in large crowds to still enjoy the love of reptiles.

"There will also be a few species that are quite rare in the hobby on display at the expo, including green tree pythons, white-lipped pythons, green tree monitors, oenpelli pythons and many more."

Elizabeth founded Shikito's Critters in 2019 with four

reptiles. She now has over 100 reptiles and amphibians, some of whom will be appearing at the expo, like Lefty the baby green tree python.

"He only has his left eye, hence the name," she said. "There is a few hypotheses about why he hatched with only one eye – the most likely is due to temperature fluctuations in incubation."

Another highlight is Aurora, the Hypo Chimera/Paradox carpet python, who was born with a random mutation.

"She hatched out with a split-coloured face!" Elizabeth said. "She reminded me of the Phantom of the Opera with his mask."

The expo will feature over 40 vendors, including breeders, enclosure manufacturers, jewellery designers, artists and authors. For the younger audience, Reptile Relocation and Awareness will provide entertaining shows, alongside face-painting and photo opportunities. Those with a QLD native animal permit may also have the chance to purchase a reptile.

Tickets start at \$5. Children under 10 are free. To book go to www.eventbrite.com.au and search for Brisbane Reptile Expo 2024. For the full vendor list search for Brisbane Reptile Expo on Facebook.

2024 Brisbane Reptile Expo

30-31 March, 10am-6pm

(VIP/Quiet Time 9-10am)

Northside Indoor Sports Centre

20 Cambewarra Street, Zillmere.

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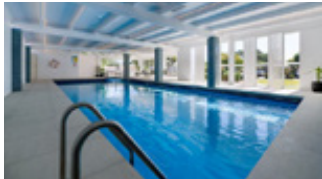
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Services, facilities and activities vary between communities, and are subject to change.

WHAT'S ON AROUND TOWN



STORY **PIPER ZUINO**

The month of March is full of celebration with significant days marked in our annual calendar. This month celebrate or support one of your favourite days at these events.

INTERNATIONAL WOMEN'S DAY

On Friday, 8 March, we celebrate International Women's Day and around Australia people will host celebrations for women in their families and workplaces. The 2024 theme, Inspire Inclusion, speaks to creating an understanding that when we value women's inclusion, we work together to create a better world.

For those interested in getting out in the fresh air, sign up for a virtual International Women's Day Fun Run. While the Brisbane event on Sunday, 10 March is sold out, there is still the opportunity to gather a group together and run, walk, or jog in your local area between 3 and 10 March. The event raises money to support women with breast cancer.

For more information visit fundraise.mater.org.au/event/funrun-2024/home

ST PATRICK'S DAY

Each year, 17 March marks St Patrick's Day, which is the annual day of the Irish. The date honours St Patrick, one of Ireland's patron saints. With a large population of Irish heritage, St Patrick's Day is widely marked in Australia, with many parades, festivals and celebrations where patrons don their best green attire.



Brisbane will be hosting a free community event on Saturday, 16 March in the City Botanic Gardens. The 2024 Brisbane St Patrick's Day Parade starts at 10.30am and is fun for the whole family, with over 40 floats making their way through the centre of Brisbane City. This year the parade is themed Irish Myths and Legends, bringing Ireland's heritage and traditions into Brisbane.

For more information, visit brisbaneirishfestival.com.au/events/

EASTER MARKETS

On Sunday, 31 March we celebrate Easter with loved ones, conducting Easter egg hunts, wearing bunny ears, and catching up with friends and family. To get into the Easter spirit early, the CavRoad Community Markets will be hosting their Easter Vibes Makers Workshops on Sunday, 17 March from 7am to 1pm at Bellissimo Coffee Coorparoo Warehouse, with makers creating products perfect for Easter.

There will be a jumping castle for little bunnies to hop the day away on and plenty of shopping and workshops.

For more information search for CavRoad Community Markets on Facebook.



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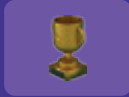
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HUTTON'S HAM AND BACON: ZILLMERE'S CULINARY LEGACY



Hutton's Proprietary bacon factory, Zillmere

HISTORY CHERMSIDE

STORY **JULIA LEWIS**
PHOTO **CHERMSIDE & DISTRICTS**
HISTORICAL SOCIETY; QUEENSLAND PLACES

In 1873, a culinary legacy was born in Preston, Victoria, when James Carruthers Hutton laid the foundation for what would evolve into an enduring ham and bacon business. Fast forward to 1889, the crescendo of Hutton's enterprise reverberated in the establishment of the Ham and Bacon Factory at Zillmere, weaving an intricate thread into the history of this Queensland suburb. Beyond merely satisfying local palates, this bustling hub of innovation became a beacon for quality meats, leaving an indelible mark on the community.

The Zillmere operation was not just about sizzling bacon and savoury hams, it embodied a unique fusion of industry and agriculture. Within the factory grounds, a segment of the property thrived as fertile ground for pineapple cultivation, leading to the creation of the iconic "Pineapple" brand. This symbolised a commitment to excellence and the harmonious integration of land and factories, creating a narrative that extended beyond the confines of geographical boundaries.

The corporate evolution in 1908 saw the emergence of J C Hutton Pty Ltd, with John Reid assuming the role of managing director in Queensland. Under Reid's astute leadership, the "Pineapple" brand and the distinctive "Don't Argue" trademark achieved not just local eminence but international acclaim, particularly in East Asian markets.

The Ham and Bacon Factory, established in 1889, remained a cornerstone of employment in Zillmere until its closure in 1965. Through economic downturns, including the 1890s Depression and the Great Depression, Hutton's provided a lifeline for struggling farmers in the district.

The factory also served as a local store, offering meat and milk to residents. Hutton's became deeply ingrained in the Zillmere community, organising social events that brought people together.

Hutton's historical links to Zillmere, however, are faintly visible today. The former factory site now hosts a lone fig tree planted around 1891. Along Zillmere Road, where workers' cottages once stood, only two remain out of the original 10. The subdivision purchased by Hutton's in 1893, on which a house now stands, was sold in 1950. As we savour the legacy of "Pineapple" and the echoes of "Don't Argue," we are reminded that culinary empires often trace their roots to visionary pioneers like James Carruthers Hutton, placing suburbs like Zillmere on the map of gastronomic history.

Cutting Up Room Hutton's Bacon Factory, Zillmere



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COME JOIN THE CHORUS

STORY **ALYSSA MACKAY**

It's time to warm up your vocal chords because the Hops and Harmony bar choir is back.

The community singalong experience conducted by Billboard and Aria chart-topping singer/songwriter and music producer JVMIE (Jamie Lee Wilson), is returning to Royal Quarters in Nundah this month.

JVMIE described Hops and Harmony as an inclusive, welcoming event, which was part concert, part comedy.

"The first thing people say before they come is, 'I can't sing,' but that's where I come in!" she said. "It's not about perfection, it's about having fun. And nobody will hear you anyway."

"There are no special skills required, nothing to prepare, we'll learn it on the night. If you like good music and bad jokes, then you're in the right place."

JVMIE has performed all around the world, supporting artists like Kelly Rowland, David

Guetta, and Salt-N-Pepa. Her songs have also been featured in films and television shows like *Packed to the Rafters*.

As the owner/operator of Hops and Harmony, she started running the events almost a year ago on Tamborine Mountain.

"Our first show was a success and it has just grown from there," JVMIE said. "It feels like there is a real desire for connection and community post-Covid, and Hops and Harmony provides a unique opportunity for friends and strangers to come together and connect through music."

The concept of gathering a crowd to learn and sing a popular song in a pub or similar venue originated in 2017 with Astrid Jorgenson, an Australian vocalist, conductor, and composer. Her brainchild, Pub Choir, achieved global success and paved the way for similar musical experiences like Hops and Harmony.

JVMIE said she had been humbled by the feedback from attendees.

"From 'Better than therapy' to 'You've changed our lives' or 'You filled a gap in my soul', people come up after the shows elated, with tears in their eyes," she said. "I have never experienced an audience connection like this before."

She encouraged everyone to come along and try something new.

"I heard a great quote from someone at a show last week: 'When is the last time you did something for the first time?'" she said.

"It's entertaining, it's therapeutic, it's good for the soul. And science says that singing makes you better-looking!"

Tickets are \$20 (excludes transaction fees). To book go to [avc.live/sfsr](#)

Hops and Harmony
Saturday, 16 March, 7pm
Royal Quarters
1259 Sandgate Road, Nundah.





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CARE AT THE HEART: THE BURNIE BRAE COMMUNITY

"Here, I keep my brain active while playing Mahjong, Canasta and Cribbage," he said. "I particularly enjoy helping others learn to participate in these activities."

Burnie Brae was initially started by the Chermshire Rotary and was known as the Chermshire Senior Citizens Centre.

"It later expanded its role in the community to embrace a wider population and provide an expansion of services," Doug said. "The name was changed to Burnie Brae to reflect this wider range of activities and honouring the name of the original homestead."

Burnie Brae plays a significant role for the people in its community, including providing services to the vulnerable.

"It continues to provide the on-site services as in the past, but now manages a broad range of activities that help ageing people stay in their homes," Doug said. "It is supported by My Aged Care."

"My favourite part about Burnie Brae is the people. The staff are friendly and supportive, the members – a wonderful social environment."



Doug Kelly

STORY **PIPER ZUINO**
PHOTO **JOHN PIRES PHOTOGRAPHY**

This month, Burnie Brae celebrates its 40th anniversary as a pillar of care and connection in the community, with care at the heart of all they do.

From health services to lifestyle programs, Burnie Brae helps older adults live their best lives with the support of dedicated staff and community members.

In 2023, Doug Kelly, who has been a longstanding, active member of the Burnie Brae community, received his life membership. He said the Burnie Brae community centre was a place where he was able to socialise and remain an active member of a community.

To celebrate 40 years of service to the community and to showcase its offerings, Burnie Brae will be hosting presentations, morning teas, come-and-try activities, and technology training every Wednesday during March.

A main celebration will be marked on Wednesday, 20 March with special guests like Channel 9 presenter Bruce Paige and language expert Roly Sussex, as well as a range of prizes, including a three-night cruise.

A representative of Burnie Brae Member Services said: "ADA Australia will also be supporting our event by providing free advocacy sessions to any individuals receiving aged care services with regards to issues and understanding and exercising their rights."

For more information or to book visit www.burniebrae.org.au/40-years-celebration or contact reception on 3624 2110.



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CHEERS TO 60 YEARS OF THE ASPLEY HORNETS

STORY **ALYSSA MACKAY**

The Aspley Hornets are buzzing with excitement as they prepare to celebrate not only their season launch but their 60th birthday!

To mark this major milestone, the Hornets are hosting a free, family-friendly outdoor event on Sunday, 24 March.

Aspley Hornets General Manager Danni Francis said the 60th Anniversary Family Fun Day would be like the New Year's Eve event the club holds each year, but even bigger.

"We would love to see our local community there," Danni said. "Especially families who can enjoy the activities and help us celebrate 60 years by giving back to our community."

The Family Fun Day will feature a range of activities for all ages, including rides, food trucks, carnival games, live music, a jumping castle, face painting and a fireworks display at 7pm.

Danni said that it was thanks to its volunteers that Aspley Hornets had become the community club it is today.

"The club has been built and created through volunteers – that is the huge milestone for us," she said.

Established in 1964, the Aspley Hornets has a long history of serving the communities of Aspley,

Carseldine and surrounding areas. Over the years, the club has evolved to cater to both junior and senior football players, providing a path for young athletes to progress through the ranks.

The clubhouse has grown alongside its football operations, from a basic community hall to a community hub. The venue now includes a large restaurant, members' lounge, bars, bottle shop, café, function rooms, al fresco dining and various gaming facilities.

Looking to the future, Danni said the goal for Aspley Hornets was to continue growing as a community hub.

"Whether it be somewhere people can come and enjoy a quiet drink or quality local meal with the ones they love, celebrate a special occasion, or be the future for young AFL superstars, we want to continue to grow and be a place everyone can enjoy," she said.

"Our team makes the Hornets what they are today, from our friendly team members to our amazing volunteers, managers, coaches and board. All these people make the Hornets what it is – a family-friendly community hub and the best place to watch community footy on the northside!"

60th Anniversary Family Fun Day
Sunday, 24 March, 3-7pm
Aspley Hornets
50 Graham Road, Carseldine.

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STORY **ALYSSA MACKAY**

NORTHERN TRANSITWAY PROJECT UPDATE

The Northern Transitway from Sadlier Street to Rode Road will be opened next month. This will mark the completion of this stage of the project, with over 900 metres of Gympie Road transitway completed in both directions.

All Gympie Road bus stops from Stafford Road to Rode Road will be open in April, aiming to alleviate congestion and improve traffic times through the corridor. The dedicated bus lanes will allow buses to travel more efficiently and separate them from general traffic.

The remaining section of the project, from Rode Road to Hamilton Road, will be delivered under a new contract, following the release of the Gympie Road Bypass Investment proposal later this year.

Commuters can plan their journey using the MyTranslink app, by visiting www.translink.com.au or by calling 13 12 30.

LITERARY TEA AND MOVIE: DEATH ON THE NILE

On Thursday, 21 March from 1-4pm, Chermshire Library is hosting a literary and movie event centred around Agatha Christie's novel, *Death on the Nile*. There will be a discussion on the author and screening of the 1978 classic film starring Peter Ustinov, Mia Farrow, and David Niven.

Make a booking by calling Chermshire Library on 3403 7200.

GARDENING IN THE SHADE

Join horticulturalist Claire Bickle at Zillmere Library on Saturday, 9 March from 10-11am for an exploration of shade-loving plants.

Learn how to cultivate gardens in shady areas using trees, shrubs, understorey plants, groundcovers, and flowers.

Book your place by calling Zillmere Library on 3403 1455.

AUSTRALIA DAY HONOURS

Congratulations are in order for the following local citizens, who have been recognised in this year's Australia Day honours list:

· Dr Robert Cooke, AM, of Aspley, has been acknowledged for his significant contributions to pathology and professional organisations.

· The late Reverend Donald Whebell, OAM, from Chermshire, has been honoured for his services to the Uniting Church in Australia.

· Dennis Walsh, PSM, of Nundah, has been recognised for his outstanding public service in the realm of transport and road safety in Queensland.

SOCCER COACHES WANTED

Grasshopper Soccer, a provider of non-competitive programs for children aged 2-12 years old, is seeking new coaches to join their team. They are looking for coaches available on Tuesday, Wednesday, and Thursday afternoons at their five locations in the Brisbane Northside region, including Chermshire.

If you or someone you know is interested in a coaching opportunity and possesses qualities such as enthusiasm, encouragement, reliability, commitment, quick learning ability, and the ability to follow directions, email Bryan@grasshoppersoccer.com.au.

MAKE YOUR OWN TERRARIUM, KOKEDAMA OR MACRAME POT HANGER

Join Frays and Knots at VEND Virginia for a fun and creative workshop. Learn how to make your own terrarium, kokedama, or macrame pot hanger to take home. All materials will be provided and experienced instructors will guide you through the process. Don't miss the next workshop on Saturday, 9 March.

Reserve your spot online at www.fraysandknots.com.au/workshops

COME AND TRY SQUARE DANCING

Families, singles and couples are invited to try square dancing at the Royal Buffalo Hall in Zillmere. Meet new friends and enjoy an evening of great music. The new class begins on Thursday, 7 March at 6.30pm and will be held every week. Dress comfortably in neat casual attire and wear appropriate shoes. Tea, coffee, and biscuits are provided but bring

your own water bottle. Cost \$8pp.
For further details, call Glenn on 0413 017 778 or
visit www.northsidepromenadersdc.weebly.com.

LOCAL MYTIME SUPPORT GROUPS

MyTime organises supportive groups for parents and caregivers of children under 18 with disability or other additional needs, such as chronic medical conditions or developmental delays. These groups provide a safe and understanding environment where parents can connect with others, share ideas, and access information and resources. Meetings occur at Aspley Special School every other Tuesday from 10am to 12pm, and at Geebung Uniting Church every other Wednesday from 9.30am to 11.30am.

For more information, contact Naomie Macquarie on 3356 6655.

GRAVE CONSERVATION DEMONSTRATION

Join the Friends of Lutwyche Cemetery Inc. (FoLC) committee members and expert grave conservators Cate, Katrina, and Paul on Sunday, 10 March at 10.30am. They will be demonstrating the proper techniques for re-lettering a granite headstone and discussing various methods for grave and memorial conservation. Meet at the Lutwyche Cemetery Gazebo, located at 418 Gympie Road, Kedron. FoLC members can attend for free, while other attendees are kindly asked to make a monetary donation.

STAFFORD GARDEN CLUB

The next meeting of Stafford Garden Club Inc. will be held on Thursday 1 March at The OES Hall, Cnr Kitchener Rd & Bohland St Kedron. Join them at 9.30am for morning tea, plant & raffle sales. The meeting will commence at 10am and this month's guest speaker is from Rocky Point. Visitors are most welcome to attend. Regular meetings are held on the 3rd Thursday of each month Feb - Nov.

Would you like to contribute to Chermside Bites?

Email Alyssa to be included in the next edition of Chermside Bites: admin@3bmedia.com.au



Brisbane North Dementia Choir

Living well with Dementia

The Brighton Wellness Hub has started a choir for people living with dementia and their carers.

If you would like to find out more information or register, please call Katie at the Brighton Wellness Hub 3631 7568.

Choir Program to run Fridays (7-8 week terms)

Time: 9.30 am – 12.00 pm

Where: @ the Brighton Wellness Hub

Next one commencing April 2024.

Please note there will be a small fee for attendees

Morning Tea provided



DO YOU HAVE A STORY IDEA?

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noteworthy businesses,
people or events
happening in the
community, please
drop us a line!

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MEN'S NETBALL COMPETITION FRONT AND CENTRE

STORY **ALYSSA MACKAY**
PHOTO **JOHN PIRES PHOTOGRAPHY**

The Brisbane Netball Association (BNA) is providing new opportunities for male players.

With an increasing number of men playing alongside women in the opens competition, the Chermshire-based association has decided to introduce a male-only competition for juniors aged up to 14 and an opens competition for those aged 15 and above.

BNA Competitions Director Hayley Larkin said it seemed the best time to give male players their own space and competition.

"We believe that having a full men's comp will bring in new male players of all ages and create a strong men's competition," Hayley said.

"We are aiming for a six-strong team division that will play each other over the 13-week competition – 10 weeks of fixture games and three weeks of finals.

"We have advertised this to our clubs that fall under BNA, this comp will be up and running for the start of the winter season in April."

All clubs affiliated with BNA are actively recruiting opens players for the upcoming season. Clubs include Blue Jays Netball Club, Brisbane North Fever Netball Club, Kedron Lions Netball Club, Northside Jaguars Netball

Club, Ridgettes Netball Club and Wavell Netball Club.

Hayley said the male-only competition would allow male participation to grow in the area.

"There are opportunities to play under Netball Queensland competitions under senior and junior state age (JSA) within the boy's divisions," she said. "A few of our players play for The Suns, the premier league for men's netball. Having more males within the sport will only open up opportunities to higher level competitions and different pathways."

One junior boys netball player, Flynn, who plays for Brisbane North Fever, said he had played three netball seasons in the positions of Goal Attack (GA) and Centre (C).

"(I'm) still playing this season in the mixed inters comp and those girls are really good and a bit rough but if I play JSA it would be something different," Flynn said.

He expressed his enthusiasm for the teamwork aspects of netball.

"Everyone on the team has a job and everyone has to get the ball to get a goal," he said. "You can't just rebound and then get to the other end and shoot yourself."

Individuals interested in joining the men's netball competition can contact their local club directly or call BNA on 3350 2035.



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LOCAL ICE HOCKEY TEAM WINS BRONZE AT MASTERS GAMES

STORY **ALYSSA MACKAY**
PHOTO **TERRENCE L. SALVI**

A local ice hockey team has returned from playing a major winter sports event in Italy, bringing home the bronze.

The Brisbane Rusty Blades, based in Boondall, travelled to Lombardy in January to compete in the Winter World Masters Games 2024.

Mason Grieco, a forward player for the team, said the competition was for athletes aged over 30 and lasted five days.

"A total of four teams were involved in our competition: the Brisbane Rusty Blades, a team from Czechia, a team from Hungary, and a local Italian team," Mason said. "We played a total of five games over three rounds – a preliminary round, semi-finals, then finals."

The Brisbane Rusty Blades is a travelling masters (35+) ice hockey team formed in 1997. Mason said players were selected from the local Brisbane ice hockey league, many of whom have been playing together for more than 15 years.

"The team is managed and captained by our leader Francois Guilbert, who does an amazing job building the team and ensuring everything is organised for any tournament we enter," he said.

"The Blades generally compete in local tournaments (Melbourne, Newcastle, Adelaide, Perth, and Dunedin, New Zealand). However, occasionally an opportunity comes up where the team gets to travel overseas like the Winter World Masters Games."

This year's trip to Lombardy marked the second time the Blades have competed in the World Masters Games. In 2020, they also participated in the competition held in Innsbruck, Austria.

Mason, a Wavell Heights resident, has been playing ice hockey since he was six years old and competing since he was 10. He grew up in Toronto, Canada, "where ice hockey is deeply ingrained in the culture".

He said the highlights of this year's competition went beyond the game itself.

"While we ended up with the bronze after beating the local Italian team, the main highlight for me was being able to play the sport I love in an incredible location, in a partially outdoor ice rink in the Italian Alps – breathtaking," he said.

"The other highlight was getting to experience the tournament with a great group and their families.

"They haven't announced the next location yet but I'm already looking forward to the 2028 Games."



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NORTHSIDE RESIDENTS HEAD TO THE POLLS

STORY **RACHAEL TICKNER**

Brisbane is gearing up for local government elections on 16 March.

The Chermiside Guide caught up with some of the local candidates, who shared their vision for a vibrant, sustainable, and liveable city.

Marchant Ward

Incumbent Marchant Ward Councillor Danita Parry, the LNP candidate, said she would focus on road and transport projects to help residents get home safely, and upgraded community amenities.

"We know everyday costs are an issue for residents, so we'll continue to deliver new initiatives, like our half-price green bins," Cr Parry said.

Labor candidate and Marchant resident Darren Mitchell said he would listen to locals and advocate for issues that mattered.

"Transport infrastructure, road safety, cost-of-living for families, along with Council footpath maintenance, and the mosquito spraying budget cuts are key topics for constituents," he said.

"Half-price bus fares for Brisbane residents will also have a positive effect on not just the family budget for residents, but it will assist in more people being able to access public transport."

Candidate for The Greens and Kedron resident, Mekayla Anog said Marchant deserved beautiful, purpose-built infrastructure.

"We deserve to not have to worry about the next rent increase or being shut out of public spaces," she said. "We deserve vibrant community hubs."

Northgate Ward

Incumbent Northgate Ward Councillor Adam Allan, the LNP candidate, said a key project was to enhance local community clubs.

"Our environmental health is also critical to maintaining Brisbane's clean and green lifestyle, and we will continue the maintenance and rehabilitation of the Keith Boden Wetlands in Wavell Heights," Cr Allan said.

Labor candidate and Northside resident Vicki Ryan said her focus included investing in community sports, addressing homelessness and enhancing city accessibility.

"Council's budget documents show \$1.3 billion is taken out of residents' pockets in rates and utility charges each year," Ms Ryan said. "My goal is for residents to get a share of the funds for our area."

Greens candidate and Northgate local, Tiana Peneha said she had worked in both the private and public sectors, along with volunteering for local charities.

"With these opportunities, I've been able to gain the experience, skills and abilities to deliver change and improvement for our Northgate Ward," Ms Peneha said.

The candidates for the Brisbane City Council Lord Mayoral election are incumbent Lord Mayor, Adrian Schinnerer (LNP), Tracey Price (ALP), and Jonathan Sriranganathan (Queensland Greens).

Local government elections will be held on Saturday, 16 March. Voting is compulsory. For more information and a list of polling booths go to www.ecq.qld.gov.au

TRADITIONAL MARKET

Every Sunday

KEDRON – WAVELL SERVICES CLUB

21 Kittyhawk Drive, Chermside QLD 4032

Open 6:00 am to 12:00 noon



**STALL HOLDER ENQUIRIES,
PLEASE PHONE COLLIN: 0418 721 751**



You never know what you will find...

A WORD FROM OUR REPRESENTATIVES

It has been a brilliant start to 2024 and a privilege to attend so many of our local school leadership investiture ceremonies. We have some very bright and ambitious young leaders in our community with some exciting ideas for the year ahead. Many students have already shown an interest in working with Council on reaching sustainability goals for their school. I welcome and encourage students to reach out to see how we can work together and explore Council programs and initiatives to support our schools



WITH **CR DANITA PARRY**

and our wider community to make our lifestyle even better.

Following the overwhelming success of our \$2 Summer Dips, cost of living initiative, we are continually looking at opportunities to deliver more things for residents to see and do, without hurting the hip pocket. We are determined to keep a balanced budget to maintain the cheapest rates in south-east Queensland. That's why we are focused on upgrading and expanding existing infrastructure to get the most value for money, so we can direct critical funding towards busting traffic congestion, delivering more active travel opportunities and providing more frequent public transport options including the turn-up-and-go Brisbane Metro to get residents home safer and sooner.

With it already being March, 2024 is off to a fast and busy start. I hope everyone has had a happy and safe beginning to the New Year.



WITH **BART MELLISH MP**

It was a privilege to attend a local Citizenship Ceremony at the Geebung RSL, organised by the Indian Council of Australia, Queensland. It was a fantastic afternoon welcoming new Australians to our wonderful part of the Northside.

I am proud to say that the Beams Road Rail Level

Crossing has entered its next stage! With Stirling Hinchcliffe MP and representatives from the Federal Government and local council, we announced that the tender has been awarded for the project's next stage. Since I have been fighting for this project since 2017, it is fantastic that the four-lane overpass is now getting done.

In other local news, it was great to hear that in the last round of the Gambling Community Benefit Fund (GCBF), nine Aspley community organisations have been awarded a total of \$188 thousand. These funds will go towards cornerstone Aspley organisations such as the Aspley Memorial and Geebung Bowls Clubs, Bald Hills and Geebung RSL Clubs, and Guide Dogs Queensland. The GCBF is one of the many State Government initiatives that support our local community.

The Albanese Government is delivering a tax cut for every taxpayer in the Lilley electorate starting on 1 July.



WITH **ANIKA WELLS MP**

I know that Northsiders are doing it tough and I am laser-focused on delivering cost-of-living relief to support working families.

Since coming to government, we have implemented a raft of measures to help Australians make ends meet including cheaper child care, electricity bill relief, increased rent

assistance, more Medicare bulk billing, cheaper medicines and our \$11.3 billion investment in a wage rise for aged-care workers.

Around 82,000 people - every taxpayer in Lilley -

will receive a tax break from 1 July under Labor's better tax cuts announced by the Prime Minister and Treasurer.

The average tax cut will be \$1634.

Around 70,000 people, or 85 per cent of taxpayers, will receive a bigger tax cut than they would have under the plan Scott Morrison legislated five years ago.

The average Australian wage earner on \$73,000 per annum will receive a tax cut of \$1504 which is more than \$800 extra in their pocket each year than they would have received under Scott Morrison's proposal.

To find out how much you will benefit from Labor's tax cuts, use the calculator on the Treasury website: www.treasury.gov.au/tax-cuts/calculator

It's been great to attend a number of school investiture ceremonies in the last few months. It is always a privilege to celebrate our next generation of leaders, who work hard to support their communities. I hope that all of our students have had a great first month of school, and wish our Year 12 students luck for their final year of schooling.



WITH **JIMMY SULLIVAN MP**

It was an honour to be back at Parliament House for the first sitting week of the year, representing our community. The Stafford Electorate

Officers are always happy to lend a hand with any queries and can be found at 3554 8100, or via email at Stafford@parliament.qld.gov.au.

I would also like to congratulate Brisbane Hockey Management Group Inc; Brisbane Netball Association Inc; Gold Crest Cricket Club Inc; Mobile Attendant Care Service Inc; O.E.S. Project Fund Committee Limited, and Wilston/Grange Kindergarten and Pre-School Association Inc as successful recipients of the Gambling Community Benefit Fund.

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PODCAST OF THE MONTH

BONE VALLEY PODCAST REVIEW

STORY **NICK ALLFORD**

Could you believe a convicted murderer?

As most crime aficionados know, when a wife is found dead, the prime suspect is always the spouse. So, in 1987 when Michelle Schofield's body was discovered in a pit in Florida, few people believed the innocence of her husband Leo. That is until over 30 years later when Pulitzer Prize-winning author Gilbert King and his researcher Kelsey Decker start investigating the case. Although this is a true crime podcast, it unfolds more like a work of fiction from the mind of John Grisham – two plucky reporters try to free a wronged man, unearthing new evidence, going up against the government and sticking their noses where they don't belong.

Without spoiling anything, what sets this podcast apart from other true crime podcasts is that it features a blow-by-blow confession from the killer – but that's just the beginning.

At its heart, it's about injustice and trying to uncover the truth. If you love Netflix shows like *Making a Murderer* then this is perfect for you. The podcast is well produced, even including music from the convicted murderer – a strange choice I know, but it'll make sense when you listen to the podcast.

Find Bone Valley wherever you get your podcasts.

Local DINING GUIDE



Dark Tonic
Small Batch Coffee Roasters

18 Corrie Street, Chermaside

Cafe

Ph 0406 200 019

DARK TONIC

Feature: Dark Tonic Roasters is a hidden gem. Family run cafe that roasts 2 different blends plus a Single Origin and their own decaf. We sell bags of beans. If you don't have a grinder, no stress we can grind for your home needs.

Open 7 days text ahead of time 0406200019

Instagram/Facebook @darktonicroasters



323 Newman Rd, Geebung

Restaurant/Club

Ph 3265 3711

GEEBUNG RSL

Feature: Enjoy a delicious meal from our a la carte menu featuring good old favourites or try one of our Chef's Daily Specials. Not a member? Join now for \$5 for life.

Book online at www.geebungrsl.com.au or phone 3265 3711



21 Kittyhawk Dr, Chermaside

Casual Dining

Ph 3359 9122

THE KITCHEN

Feature: Come in to relax and enjoy dining on our gorgeous al fresco deck! Conveniently located inside Kedron-Wavell in Chermaside, pop in for a cuppa, a sweet treat, or something from our all-day dining menu.

Open 7 days a week from 10am



21 Kittyhawk Drive,
Chermaside

Casual Dining

Ph 3359 9122

BRAVO

Feature: Hang out with family and friends at Bravo, Chermaside's only brewhouse. Located within Kedron-Wavell, Bravo offers lunch and dinner dining, and has a huge range of craft beers, cocktails and wines.

Open 7 days a week

To book visit kedron-wavell.com.au/book-restaurant



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MARCH What's On.

01 FRIDAY

AL GIBSON AT BRAVO BREWHOUSE

Kedron-Wavell 5pm



CRAIG TAYLOR

Geebung RSL 7pm

SARAH ALICE

Aspley Hornets 7pm

BAWDO AND THE BEAR AT THE LOUNGE

Kedron-Wavell 8pm

02 SATURDAY

NBLC 2024 GEM SHOW

Albert Bishop Park 9am

CHRIS MCLAREN IN BRAVO BREWHOUSE

Kedron-Wavell 5pm

ZONTA IWD TRIVIA NIGHT

Aspley Hornets 5pm

Our wonderful friends from ZONTA Northside Inc. are hosting a trivia night at the Hornets for International Women's Day! Tickets are \$30 each, there will be amazing raffles & prizes, with

all proceeds going to Zonta! Zonta advocate for, educate and support women and young girls. Book by calling us on 07 3263 5522 or book via our website.

SIMONE CUTTING

Geebung RSL 7pm



FAT CHANCE

Aspley Hornets 7pm

FLOOR BURNERS IN THE LOUNGE

Kedron-Wavell 8pm



03 SUNDAY

MARCO AT THE SHACK

Kedron-Wavell 2pm

TOBY TYLER

Geebung RSL 5pm

05 TUESDAY

ROB STEVENSON

Geebung RSL 10:30am

06 WEDNESDAY

DAVE GRAY AT SOUNDBITES

Kedron-Wavell 11am

08 FRIDAY

INTERNATIONAL WOMENS DAY 24

Aspley Hornets 10:30am

Join us for our annual International Women's Day High Tea! Our guest speakers include the amazing Kirby Short & Kelsey-Lee Barber! These amazing athletes will be speaking on all things women in sport, leadership, health and wellbeing, and so much more! Hosted by Evan Bancroft, the morning will be filled with inspiring stories, high tea, raffles, auction and a glass of sparkling on arrival! Tickets are limited so book now! Buy tickets at reception, on 07 3263 5522 or on our website.

KT MAREE IN BRAVO BREWHOUSE

Kedron-Wavell 5pm



WES TAYLOR

Geebung RSL 7pm

ROMIO & JULIETTE

Aspley Hornets 7pm

THE SWITCH IN THE LOUNGE

Kedron-Wavell 8pm

09 SATURDAY

MATT DICKERSON IN BRAVO BREWHOUSE

Kedron-Wavell 5pm

RAFF DE

Geebung RSL 7pm

BAWDO & THE BEAR

Aspley Hornets 7pm

ZANE & MATT IN THE LOUNGE

Kedron-Wavell 8pm



10 SUNDAY

BRETT GOODWIN AT THE SHACK

Kedron-Wavell 2pm

FABIAN

Geebung RSL 5pm

13 WEDNESDAY

TRACY VAUGHAN AT SOUNDBITES

Kedron-Wavell 11am

15 FRIDAY

CASSIE WADE AT BRAVO BREWHOUSE

Kedron-Wavell 5pm



TRACEY VAUGHAN

Geebung RSL 7pm

LACHLAN FLANIGAN

Aspley Hornets 7pm

TWO WAY ACTIVE DUO AT THE LOUNGE

Kedron-Wavell 8pm

16 SATURDAY

MONO PLAYING IN BRAVO BREWHOUSE

Kedron-Wavell 5pm



DANNY DOON

Aspley Hornets 7pm

ALLAN CAMERON

Geebung RSL 7pm

17 SUNDAY

ALLAN CAMERON AT THE SHACK

Kedron-Wavell 2pm



MARCO

Geebung RSL 5pm

20 WEDNESDAY

BILLY GUYS AT SOUNDBITES

Kedron-Wavell 11am

21 THURSDAY

VARIETY GALA SHOW WITH DEANA PEHER

Geebung RSL 10:30am

22 FRIDAY

JESS IRVINE IN BRAVO BREWHOUSE

Kedron-Wavell 5pm



DARRIN LEIGH

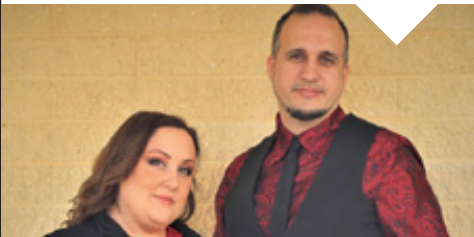
Geebung RSL 7pm

BRETT WHITMORE

Aspley Hornets 7pm

ETERNAL SUNSHINE IN THE LOUNGE

Kedron-Wavell 8pm



23 SATURDAY

TYRONE NOONAN IN BRAVO BREWHOUSE

Kedron-Wavell 5pm



DARREN J RAY

Geebung RSL 7pm

ELVIS & THE BIG O TRIBUTE SHOW

Aspley Hornets 7pm

He's back, and this time, he's bringing a friend! Join us on Saturday 22nd of March for a special edition of the Elvis Tribute Show, joining forces with the Big O! Enjoy the music of Elvis Presley and Roy Orbison LIVE at the Hornets! Ticket includes main & a drink voucher! Limited spots available, so book now to avoid disappointment! Call us on 07 3263 5522 or visit our website to book.

SIMPLICITY

Aspley Hornets 7pm

SHADES DUO IN THE LOUNGE

Kedron-Wavell 8pm



24 SUNDAY

AMBER WORTHINGTON @ THE SHACK

Kedron-Wavell 2pm

THE DOLLY SHOW

Kedron-Wavell (Blue Pacific Showroom) 3pm



SEASON LAUNCH & 60TH ANNIVERSARY

Aspley Hornets 3pm

It's our 60th Birthday and you're invited! Join us on Sunday 24th March for our Season Launch plus celebrate our 60th Birthday Party! With rides, carnival games, face painting, jumping castle, live music, food vans, outdoor bars AND fireworks at 7pm, it'll be a day full of fun and celebrations! Save the date and we'll see you there!

ROB ROSENLUND

Geebung RSL 5pm

26 TUESDAY

MURDER AND CRIME BOOK CLUB

Zillmere Library 4pm

27 WEDNESDAY

DAVE GRAY AT SOUNDBITES

Kedron-Wavell 11am

29 FRIDAY

GOOD FRIDAY CLUB CLOSED

Geebung RSL 12am

30 SATURDAY

SIMONE CUTTING IN BRAVO BREWHOUSE

Kedron-Wavell 5pm

FREE AGENTS

Aspley Hornets 7pm

DAVE CLAYTON

Geebung RSL 7pm

RIKASHAY AT THE LOUNGE

Kedron-Wavell 8pm

31 SUNDAY

GREG BERRIMAN @ THE SHACK

Kedron-Wavell 2pm



EASTER SUNDAY WITH DEANA

Geebung RSL 5pm



Beverley Isdale and Jyoti-Amarjot Goraya are presented their Australia Day Achievement Awards by Lord Mayor Adrian Schrinner

Australia Day Awards Acknowledge Locals for Community Contributions

STORY **ALYSSA MACKAY**

Everyday residents doing extraordinary things have been recognised at the 2024 Lord Mayor's Australia Day Awards.

Beverley Isdale, Chermide West, and Jyoti-Amarjot Goraya, Aspley, were presented with Australia Day Achievement Awards at a ceremony in January.

Beverley, a founding member of the Chermide Districts Historical Society (CDHS), said she was extremely surprised to win the award.

"I genuinely felt as if all those who received awards were being thanked for their contributions," she said.

"I thought I was rewarded for doing something I totally enjoy doing. I was also amazed at the range of people and organisations who contribute to our city, especially for less fortunate people."

Beverley's involvement in the CDHS has ranged from committee member to archivist to president. As an archivist, she preserves the community's most treasured records.

"Local history is the history that affects most of us," she said. "It's important that we make decisions today with some knowledge of what has happened before. It's also important to be aware of the lives of those who were here before us and the contributions that they made, under

difficult circumstances at times, to the lives we have now."

A high school chemistry teacher for 28 years, Jyoti-Amarjot Goraya received an Achievement Award for her commitment to promoting cultural events, empowering women and fostering community unity. As the Cultural Coordinator of the Federation of Indian Communities of Queensland (FICQ), she coordinates special projects related to cultural service delivery.

She has been involved in many community activities including organising and hosting Punjabi ladies' events. She is also a key team member of the Australian Sikh Games, acting as the Netball Game Coordinator, and this year assisting with the cultural program plan and hosting part of the opening ceremony.

"When we appreciate diversity, then we become more aware of ourselves as to who we are and what we expect from others as well," Jyoti-Amarjot said. "With that experience we not only become more aware, but we also gain a sense of pride for the diversity of our own culture."

She said she felt happy, overwhelmed and proud to win the award.

"This award provided me with a sense of accomplishment after working for the community for so long," she said. "Such kind of validation will boost anyone's confidence to do more good work for the community."



IMAGINARY

From Blumhouse, the genre-defining masterminds behind FIVE NIGHTS AT FREDDY'S and M3GAN, comes an original horror that taps into the innocence of imaginary friends – and begs the question: Are they really

figments of childhood imagination or is something more terrifying lying just beneath?

Main Cast: Betty Buckley, DeWanda Wise, Tom Payne

Genre: Horror

Release Date: 07 March 2024

Rating: CTC



LUCA

Set in a beautiful seaside town on the Italian Riviera, Disney and Pixar's original feature film Luca is a coming-of-age story about one young boy experiencing an unforgettable summer filled with gelato, pasta and endless scooter rides.

Main Cast: Maya Rudolph, Jacob Tremblay, Jim Gaffigan, Jack Dylan Grazer, Emma Berman, Marco Barricelli

Genre: Adventure, Animation, Family

Release Date: 07 March 2024

Rating: CTC



GHOSTBUSTERS: THE FROZEN EMPIRE

In Ghostbusters: Frozen Empire, the Spengler family returns to where it all started – the iconic New York City firehouse – to team up with the original Ghostbusters, who've developed a top-secret research lab to take busting

ghosts to the next level.

Main Cast: Dan Aykroyd, Paul Rudd, Kumail Nanjiani, Patton Oswalt, McKenna Grace, Finn Wolfhard, Carrie Coon, Annie Potts, Ernie Hudson, Celeste O'Connor, Logan Kim

Genre: Adventure, Comedy, Fantasy, Mystery, SciFi

Release Date: 21 March 2024

Rating: CTC



GODZILLA X KONG: THE NEW EMPIRE

The epic battle continues! Legendary Pictures' cinematic Monsterverse follows up the explosive showdown of "Godzilla vs. Kong" with an all-new adventure that pits the almighty Kong and the fearsome Godzilla against a colossal

undiscovered threat hidden within our world, challenging their very existence—and our own.

Main Cast: Rebecca Hall, Dan Stevens, Brian Tyree Henry, Fala Chen, Kaylee Hottle, Alex Ferns

Genre: Action, Adventure

Release Date: 28 March 2024

Rating: CTC

Imaginary
The Great Escaper
Luca

..... 7th

Winnie The Pooh:
Blood & Honey 2

..... 26th

Yodha (Hindi)
Waitress: The Musical

..... 14th

Godzilla X Kong: The New Empire
Kung Fu Panda 4

..... 28th

Wicked Little Letters
Ghostbusters: The Frozen Empire
My Favourite Things
Miller's Girl
Immaculate

..... 21st

March Releases



WHAT'S ON THIS MONTH IN



Our DBOX release titles for March will include

**Imaginary, Luca,
Ghostbusters:
The Frozen Empire
and Godzilla X Kong**

POLICE BEAT



GET TO KNOW WHAT'S ON AT PCYC ZILLMERE

PCYC Zillmere is currently offering a range of programs, which are delivered onsite and within some of our local schools. Our programs are suitable for a range of ages, so make contact to see what we have available for you or someone you know.

Youth Leadership Team (YLT) – Ages 12-18

The YLT is an ongoing development program for young people aged 12-18 years. Being part of YLT provides opportunities for young people to develop leadership skills and abilities through engaging with their peers and the local community. Involvement in the YLT not only develops your leadership skills, but it gives you a platform for your voice to be heard and to make a difference in your peers' and communities' lives. There are many chances to do things that you have never done before, meet new people, and help with your future goals. No cost to participants. Don't stress if you haven't done anything like this before, we will help you along the way!

Youth Drop-In – Ages 10-18

Youth Drop-In is designed to provide young people 10-18 years of age with a safe place to associate. Enjoy some afternoon tea and fun playing table tennis, board games, or a variety of activities. No cost to participants. Wednesdays, 3.30pm-5pm.

Basketball After Dark – Ages 12-18

PCYC Queensland's After Dark youth development program is a free, after-hours sport-based activity program for young people aged 12-18. The program is designed to empower young people by improving physical health and

wellbeing, emotional resilience, self-esteem, and confidence using sport in a safe and structured peer environment. No cost to participants. Basketball skills and three-on-three games, followed by a sausage sizzle. It's a great night of fun and a chance to meet new friends. Don't stress if you have never played basketball, all skill levels are welcome. We run every Thursday night from 5.30pm.

Get Set For Work – Ages 15-19

Get Set for Work (GSFW) is a 10-week program that's part of the Queensland Government's Skilling Queenslanders for Work (SQW) initiative. With Get Set for Work, young people aged 15 to 19 can gain the skills, qualifications, confidence, and support needed to find a job. No cost to participants. Our current participants have been making great progress with many already on their way to achieving their future goals! Sign up now to be a part of our next course which starts in April.

BTC-Braking The Cycle - Ages 16+

PCYC Braking the Cycle (BTC) is our volunteer driver mentor program designed to support learner drivers who do not have access to a supervisor or registered vehicle to complete their logbook hours. The aim of the program is to provide young people with increased employment opportunities, community connection and driver education. Mentors provide encouragement and help young people improve their self-esteem and develop positive road safety attitudes. No cost to participants.

Zillmere Community Learner Licence Workshop - Ages 16+

Don't have your Learner Licence yet? We can help! PCYC Zillmere, in partnership with the Department of Transport and Queensland Police deliver the Community Driver's Licence Program, which allows people to gain their Learner Licence. This program is available to members of the community who have been unable to gain their L's through traditional means.

RUBY - Ages 16+

RUBY (Rise Up, Be Yourself) is a free, weekly physical fitness program for women who are, have been, or likely to be experiencing Domestic and Family Violence (DFV). RUBY is designed to empower women by building physical strength and contributing to general well-being, emotional resilience, self-esteem and confidence through physical exercise in a violence-free and safe environment.

Find out more about what's on offer at PCYC Zillmere call 3633 0244.

Megan Pollock, a mother of two from Stafford, is on a mission to make life easier for families with her innovative children's resources.

Her business, Second Scout, was awarded a Lord Mayor's Women in Business Grant, which she plans on using to expand her brand after a challenging 2023.

Megan said her manufacturing came to a halt and she lost her factory without warning.

"Being out of stock whilst trying to find a new factory meant that my business essentially went without income for almost nine months," she said. "This resulted in Second Scout being moments away from closing, and something that will take time to recover from financially."

She said the Lord Mayor's Women in Brisbane Grant was incredibly important for small, family-funded ventures with limited funds.

"These grants provide the financial support and resources necessary to help us grow and further our business," she said.

"Using the expertise of a PR agency will help spread the word about our brand and products in the mainstream media, reaching new audiences

and establishing Second Scout as the go-to for empowering kids with their daily routine/weekly reminders, whilst also reducing parental nagging!"

One of Second Scout's best-selling products is the Routine Helper, which includes picture tile prompts for tasks like 'clean teeth', 'get dressed' and 'shoes on'.

Megan said the business was back on track now the supply chain and manufacturing process had been re-established.

"We plan to make up for last year's shortfall by continuing to grow within Australia, and also recommence plans to expand in the US market, which were naturally put on hold last year," she said.

Visit Second Scout at www.secondscout.com.au



Megan Pollock

TWO TALENTED LOCALS TAKE OUT WOMEN IN BUSINESS GRANT

STORY **ALYSSA MACKAY**

Carolyn Martinez, Director Hawkeye Publishing, has been announced as a recipient of the Lord Mayor's Women in Business Grants.

Hawkeye Publishing, based at Stafford Heights, was established as a newspaper in 2002 and has since evolved into a successful trade publishing house.

Carolyn said it was difficult for new and emerging authors to get trade publishing deals because bigger publishing houses preferred to invest in well-known authors.

"Many people are championing us from the sidelines because they want to see trade publishing deals for new and emerging authors continue to succeed," she said.

The Lord Mayor's Women in Business grant means Hawkeye Publishing will be able to unveil its new website much sooner, which Carolyn said would provide a better platform for showcasing the Australian books and authors they represent.

"The benefits of the grant are not just the financial side, there are flow-on effects," she said. "The recognition that others agree that what we're doing is important, has been tremendous for morale and enthusiasm."

Hawkeye Publishing has been doubling in size and distribution reach each year. The business recently appointed a publicity team and a rights agent and established a business arm, Hawkeye Press.

Looking to the future, Carolyn outlined the company's goals of continued growth and providing more opportunities for professionals in the creative industries.

"Hawkeye stands for a keen eye on quality, and we're particularly passionate about that," she said. "Everyone who works and volunteers at Hawkeye is passionate about contributing new quality literature into the world."

*Chermside Guide readers can support Australian authors by visiting hawkeyebooks.com.au Enter the code **GUIDE** at the check-out and receive free postage on your order until the end of March.*



Carolyn Martinez



PLANT-BASED COOKING CLASSES TEACH SIMPLE WAYS TO BE HEALTHY

STORY **ALYSSA MACKAY**

Fiona Anchal, the founder of Wholesome Bellies, is on a mission to teach people how to cook nutritious and delicious plant-based meals.

Her passion for cooking began at the age of 12, when she spent her weekends at her parent's Italian restaurant, helping serve meals to 250 people every night.

Now, with over 14 classes on offer at her Woolloongabba location, Fiona is sharing her love of creating flavoursome food with others.

"I'm passionate about teaching others how to create mouth-watering plant-based dishes,"

Fiona said. "Mainly because I know we all need to eat more vegetables and more whole foods.

"Learning to cook your own plant-based meals means that this way of eating is more sustainable. With variety and flavour, it's easier to maintain. Protein is a huge factor too and learning how to cook legumes and tofu is crucial. Otherwise, most plant-based eaters who can't cook end up eating processed vegan foods and that's not ideal every day.

"Another great thing is cost saving. Right now, everyone is looking to cut down costs with the increased costs of living. Knowing how to whip up a quick, healthy lentil dhal, for example, will set you back a mere \$8, add some rice and you've got an awesome dinner."

One of the newest classes is the Asian Fusion class, where participants will cook dishes like curried potato wontons, sweet potato stir-fried Chinese noodles, and caramelised sticky garlic eggplants.

In the coming months, Wholesome Bellies will be running Malaysian, Middle Eastern, Moroccan, Sicilian, Indian, and Mexican classes, as well as an Aussie BBQ class.

Wholesome Bellies also hosts monthly Vegan Long Table Dinners, where attendees enjoy a four-course dinner. On Saturday, 23 March is a Mexican Long Table Dinner and on Wednesday, 24 April is an Indian Long Table Dinner.

Fiona made the move to a plant-based diet 17 years ago after losing her father to heart disease.

"I wasn't sure how long I would last, but six weeks in I'd never felt stronger and more energetic," she said. "I've never gone back and now I feel like the research supporting a plant-based diet is compelling.

"I'm not one to judge or push veganism onto anyone – Wholesome Bellies exists simply to inspire and empower others to add more vibrant plant-based foods into their life."

For more information and to book a Long Table Dinner or a cooking class go to www.wholesomebellies.com.au

Wholesome Bellies
21 Nile Street, Woolloongabba

APPLE & SOUR CREAM SLICE

COUNTRY KITCHEN

INGREDIENTS

Vanilla Cake Mix (supermarket) 340 grams -some packs look bigger because they contain icing mix as well as cake mix.

150 grams melted butter.

1 cup coconut

400 grams tin pie apple

300 grams tub of Sour Light Cream.

METHOD

Preheat the oven to 180 deg C.

Line a 18cm x 28 cm baking dish with baking paper.

Combine the cake mix, coconut and melted butter.

Spread evenly in the baking tray.

Bake for 15 minutes.

Mash pie apple and spread over the base, top with the sour cream and spread evenly.

Sprinkle it with cinnamon if you like. (Add some Cinnamon to the pie apple if wished)

Bake for a further 15 minutes.

Cool before removing from the baking tray. Store in the fridge.

Enjoy!



The Kedron-Wavell Women's Auxiliary meet at Kedron-Wavell each Thursday at 10am

Belle Property's local experts.



Tony Bolf | 0401 319 220

Deeply involved in the community and local sporting club Chermshire Bowls', Tony prides himself on developing strong relationships with exceptional customer service and a genuine commitment to exceed expectations.

An excellent communicator with a lifelong interest in the property market, Tony enjoys the dynamic and ever-changing nature of real estate in the Chermshire and Chermshire West area.

To learn about the Belle Property difference, contact Tony or scan the QR code.



Simon Penrose | 0438 807 114

A long-term resident of the area and President for the Brisbane North Chamber of Commerce, Simon Penrose has a deep local knowledge of the culture and diversity of real estate in Brisbane's Northside.

A specialist in Wavell Heights and Kalinga, Simon is a skilled negotiator who loves the challenge that comes with working in the fast-paced business of real estate sales.

Contact Simon or scan the QR code to book your appraisal today.

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TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
1	0038 2.08 0648 0.82 FR 1234 1.95 1856 0.65	7	0026 0.64 0711 2.41 TH 1400 0.64 1929 1.86	13	0543 0.40 1139 2.36 WE 1803 0.36	19	0527 2.11 1232 0.87 TU 1811 1.59 2353 0.86	25	0338 0.54 0939 2.30 MO 1603 0.53 2200 2.20
2	0118 2.04 0734 0.93 SA 1313 1.80 1930 0.71	8	0131 0.49 0804 2.56 FR 1449 0.51 2022 2.02	14	0012 2.43 0630 0.55 TH 1218 2.13 1837 0.45	20	0630 2.17 1323 0.78 WE 1905 1.73	26	0412 0.55 1007 2.25 TU 1630 0.50 2231 2.25
3	0210 2.01 0836 1.01 SU 1406 1.66 2021 0.78	9	0229 0.36 0851 2.67 SA 1534 0.40 2111 2.16	15	0058 2.37 0721 0.73 FR 1300 1.88 1912 0.57	21	0057 0.76 0719 2.24 TH 1403 0.70 1948 1.86	27	0446 0.59 1035 2.17 WE 1655 0.50 2303 2.28
4	0324 2.00 1005 1.03 MO 1531 1.56 2141 0.81	10	0321 0.28 0936 2.71 SU 1615 0.33 2158 2.29	16	0148 2.28 0824 0.89 SA 1351 1.66 1955 0.70	22	0145 0.67 0800 2.29 FR 1438 0.65 2024 1.97	28	0520 0.65 1103 2.07 TH 1721 0.53 2336 2.27
5	0453 2.08 1143 0.95 TU 1708 1.59 2310 0.76	11	0409 0.25 1018 2.67 MO 1654 0.30 2243 2.38	17	0249 2.17 0947 0.98 SU 1507 1.51 2056 0.83	23	0227 0.60 0837 2.32 SA 1509 0.60 2057 2.06	29	0556 0.73 1134 1.95 FR 1747 0.57
6	0609 2.23 1300 0.80 WE 1826 1.71	12	0456 0.29 1059 2.55 TU 1730 0.31 2327 2.43	18	0407 2.11 1121 0.96 MO 1651 1.49 2225 0.90	24	0303 0.55 0909 2.32 SU 1537 0.56 2129 2.13	30	0011 2.24 0634 0.82 SA 1208 1.83 1816 0.63
								31	0050 2.20 0720 0.90 SU 1250 1.70 1853 0.71

FISH OF THE MONTH



SOLDIER CRAB MICTYRIS LONGICARPUS

Out of the three different species of soldier crabs that inhabit Moreton Bay, the Light Blue Soldier Crab is the most prolific and found across the eastern coast of Australia inhabiting tidal wetlands, sand-flats and estuaries.

About the size of a 20 cent piece they feed on the detritus and algae in the substrate leaving behind little round balls of sand.

Commonly seen as large armies on our local tidal flats and burying themselves like a corkscrew in seconds when threatened, they are probably one of the most loved crabs of Australia, fascinating children (and adults like me) for years.

Larger fish such as bream and whiting, along with a host of others such as sting rays, love feeding on soldier crabs too making them a fantastic and easy to collect fresh bait.



"Pete's Fishing and Underwater Videos" on Youtube and Facebook

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